

advertorial

## nature's helper

Generations of mothers have benefited from the soothing properties of Rooibos tea.

More than 40 years ago, the calming and soothing benefits of Rooibos tea were discovered when one Dr Theron, a frantic mother with a crying baby in her arms, searched for a quick way to warm her baby's milk. She added some warm Rooibos tea to it and fed it to her baby. To her great surprise, the baby stopped screaming and went to sleep contentedly. Nowadays, the healing and soothing properties of Rooibos are scientifically understood and acknowledged. By mixing some Rooibos tea with expressed milk or formula, you can make all the difference to your baby.

- ❖ Rooibos supplements the daily intake of calcium, manganese and fluoride needed for strong teeth and bones.

- ❖ The zinc and magnesium in Rooibos promotes healthy skin and a well-developed nervous system.

- ❖ Rooibos is recommended for babies with digestive troubles and, when applied to the skin in liquid form, relieves nappy rash, eczema and itching.

- ❖ Rooibos is also of great benefit to breastfeeding moms as it stimulates the development of milk.

It is 100% natural, harmless and nutritious. Perfect for moms and babies!

 **Rooibos**  
for Life